













The centre is open 9am-5pm every weekday. You are welcome to pop in anytime!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Zero Club</b> 9am-11am</p> <p>A weight control, support &amp; social group. New members welcome!</p> 	<p><b>NEW B-I-N-G-O</b> 9.30am-11am</p> <p><u>Starts 5th February</u> Free, fun and social BINGO. All cards supplied.</p> 	<p><b>Women's Craft, Coffee &amp; Chat</b></p> <p>This program will be taking a break while we work on future plans and seek new volunteers. Stay tuned for future details and watch this space!</p> 	<p><b>Joeys Story Time Playgroup</b> 9.30am-10.30am</p> <p>Story time, songs and fun for babies and toddlers. Plus special guests! Bring a piece of fruit to share.</p> <p>ALL WELCOME</p> 	<p><b>NEW First Senses Sensory Messy Play</b> 10.00am-11.00am</p> <p><u>ONE DAY - 22nd February</u> Bookings and tickets are essential through the First Senses website ONLY</p> <p><a href="http://firstsenses.com.au">firstsenses.com.au</a></p> 
<p><b>Knit &amp; Chat</b> 10.30am-12.30pm</p> <p>Come &amp; join our knitting circle—bring your own creations or you can 'Knit a Care Square' for blankets for the homeless. All wool provided for you.</p> 	<p><b>Blokes in the Kitchen</b> 11.30am-1pm</p> <p>Cook up a storm &amp; eat your rewards! Learn new recipes and meet new people too.</p> <p>ALL WELCOME</p> 	<p><b>Financial Counselling</b> 10am-12pm</p> <p>A free service with no appointment required. Come and see Alana from Anglicare SA for budgeting advice &amp; more</p> 	<p><b>Table Top Gaming</b> 12pm-5pm</p> <p>Want to learn a new game? Or continue with your D&amp;D battles? All welcome to come &amp; play a range of games.</p> 	<p><b>Women's Legal Service</b> 9.30am-4pm</p> <p><u>1st &amp; 15th February</u> A fortnightly free &amp; confidential service</p> 
<p><b>Walk &amp; Talk</b> 10am-11am</p> <p>All ages &amp; fitness levels are welcome. Supported by the Heart Foundation.</p>	<p><b>Parents Next</b> 9am-3pm</p> <p>A representative from KWAY Parents Next program will be on site every Tuesday for appointments and offer support.</p> 	<p><b>Creative Colouring Corner</b> 12pm-2pm</p> <p>An adult social group for stress busting! Come join us and colour your world!</p> 	<p><b>We need You!</b></p> <p>We are seeking committed volunteers for a few roles including our women's craft group. Please contact the centre for more info and how you can be involved!</p>	<p><b>Deadly Fridays</b> 12pm-2pm</p> <p><u>Returns Feb 8th</u></p> <p>An Aboriginal focused activity group. Featuring cooking &amp; healthy eating, arts &amp; crafts, and more!</p> 
<p><b>NEW AFSS Healthy Homes &amp; Resilient Families</b> 12pm-3pm</p> <p><u>Starts 11th February</u></p> <p>Learn about budgeting, nutrition, food safety &amp; more, with practical skills and a hands on approach. Aboriginal &amp; Torres Strait Islander focused sessions. Call AFSS to book 82541077</p>	<p><b>Kids Clubhouse</b> 3.30pm-4.45pm</p> <p><u>School terms only</u></p> <p>Drop in for after school fun. Come on in for some chill out time after school with cooking, games and craft!</p> 	<p><b>Spotlight On Services February</b> 12.30pm-1.30pm</p> <p><u>27th February ONLY</u></p> <p>Learn all about local services. Open to community members and other service providers. <i>Playford Library Services</i> <i>Playford NDIS</i> ALL WELCOME</p>	<p><b>Our Centre is open throughout the day Monday—Friday from 9am-5pm.</b></p> <p>Please feel free to drop in!</p>	<p><b>Playford Mobile Library</b> 3pm-4pm</p> <p><u>1st &amp; 15th February</u></p> <p>The City of Playford Mobile Library visits the shopping centre carpark fortnightly.</p> 

**Kids in the Kitchen**

3.30pm-4.45pm

4th Feb—25th Feb

A 4 week program where you can have fun cooking and getting creative with yummy & healthy food.

**BOOKED OUT**

ADELAIDE FRINGE  
**PLAYFORD PALACE**  
2019 PROGRAM OUT NOW | FEB & MAR



**COMING SOON**

**SANAA NORTH: STREET ART FEST**

Adelaide Fringe - Elizabeth Rise Community Centre

Saturday March 2nd at 2pm

Ugandan street artist, Sparrow, is set to add a splash of colour. Sparrow will use the art form of graffiti to promote change and unify voices, while creating a beautiful space for the community at Elizabeth Rise. Immerse yourself in a family friendly cultural experience of music, dance and children's activities as you witness the artwork come to life.

**MONDAY****Zero Club**

A weight control, support & social group with a focus on healthy eating, friendship and support. New members are welcome & membership fees apply. **For more information contact Robyn on 0415 999 515**

**Walk & Talk**

All ages & fitness levels are welcome. Registered walking group with the Heart Foundation—join us!

**Knit & Chat**

Come and join our knitting circle! Bring your own creations or you can 'Knit a Care Square' contributing to blankets for the homeless. All knitting needles and wool will be provided for the squares.

**English Chat**

Informal social session to gain confidence with the English language through conversations, activities and games.

**AFSS Healthy Homes & Resilient Families**

Free sessions where you will learn about budgeting, nutrition, food safety & more, with practical skills and a hands on approach. Aboriginal & Torres Strait Islander focused sessions. **Call AFSS to book 8254 1077**

**TUESDAY****B-I-N-G-O**

Join us for a fun, free, social morning of BINGO! All cards and counters supplied (non gambling games).

**Blokes in the Kitchen**

Cook up a storm and eat your rewards. All meals provided—you just need to cook them! **Contact Susan at Playford Council on 8256 0192**

**Kids Clubhouse**

Come and drop in to the centre after school for some chill out fun time, craft, cooking and more. **Max 15 kids per session.**

**Parents Next**

A representative from KWAY Parents Next program will be on site for appointments and to offer support. **Contact 8377 7822 for more info**

**WEDNESDAY****Women's Craft, Coffee & Chat**

Currently this program is taking a break and will return soon with new ideas!

**Financial Counselling**

A free service provided by **Anglicare SA**. No appointment is necessary. Assistance with a range of needs including budget advice.

**Creative Colouring Corner**

The practice of colouring is said to generate wellness, creativity and mindfulness. A friendly welcoming session for all who want to colour their world!

**Spotlight On Services**

Monthly 'show and tell' sessions from organisations and services who support the Playford community. All are welcome!

**THURSDAY****Joeys Story Time Playgroup**

Story time, songs and fun for little ones and their parent and carers. Special guests throughout the term! Bring a piece of fruit to share.

**Table Top Gaming**

Want to learn a new game? Or continue with your current D&D battles? Table Top Gaming is here! All welcome to come and play a range of games available. Fun for all ages! **Contact Seamus for more info on 0451 658 793.**

**FRIDAY****First Senses Messy Play**

A ONE OFF session suitable from 6 months to 5 years. Sensory and messy play for kids. Please bring a towel & change of clothes as we will get messy! Bookings and tickets are essential through the website ONLY— [firstsenses.com.au](http://firstsenses.com.au)

**Women's Legal Service**

Free and confidential legal advice, assistance, referrals and representation. **For an appointment please contact 8221 5553.**

**Deadly Fridays**

An Aboriginal focused activity group. Featuring cooking & healthy eating, arts & crafts, fun & more!

**Contact Naomi from Playford council on 8256 0145**

**Mobile Library**

The City of Playford mobile library visits the centre carpark every fortnight, with a selection of materials including books, DVDs, CDs & more.

**Elizabeth Rise Community Centre is an initiative of The City of Playford. Programs are also provided by other services and organisations. For information please contact the Coordinators on 8256 0448 or email [elizabethrisecommunitycentre@playford.sa.gov.au](mailto:elizabethrisecommunitycentre@playford.sa.gov.au)**

**We are located at Shop 7, 26 Hamblynn Road, Elizabeth Downs. Bus routes 440 or 228—Stop 74**