

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>Digital Drop In</b> 9am – 12pm FREE</p> <p><b>Syd's Corner Coffee Club</b>—Dementia Hub—Bi Monthly with the Alzheimer's Assoc. 10.30-11.30</p>	<p><b>Tap Dancing</b> 9-10am From \$4.00</p> <p><b>Exercise &amp; Dance</b> 10.30 – 11.45am From \$3.00*</p> <p><b>Move it or Lose It!</b> - Low Impact Fitness with Lily 9.45-10.15 \$2.00</p>	<p><b>Laughter Club</b> 9.30am Cost: FREE</p> <p><b>Keep Fit with Agnes</b> 10 – 11am From \$3.00* Legal Clinic <b>-New!</b> <b>10-12noon</b> Appointments only telephone 8281 6911</p>	<p><b>Walking</b> 9.30 – 10.30am From \$3.00</p> <p><b>Tai Chi</b> 9.30am From \$5.00*</p> <p><b>Digital Drop 2pm</b></p>	<p><b>Art Classes</b> 10am – 12pm From \$5.50*</p> <p><b>Disability Rights Advocacy Service Inc</b>—Bookings essential 9-1pm 83519500</p> <p><b>Find Out Fridays</b>—new presentations &amp; Work Shops</p> <p><b>Digital Drop</b> in 2pm</p>	<p><b>Eyes down Bingo</b> 12pm</p> <p><b>Elizabeth Scottish Club</b> First Saturday of the month .</p> <p><b>Rock n Roll Night</b> Every second sat in the month</p>	<p><b>Line Dancing Fundraising Social</b></p> <p>See Reception for dates</p>
<p><b>Exercise &amp; Dance with Lily</b> 9.30 – 10.30am From \$3.00*</p> <p><b>Papercraft, Cards &amp; More.</b> 10.30-12noon \$4.00 include materials</p>	<p><b>Digital Drop In</b>—2pm</p> <p><b>Line Dancing</b> Intermediate Class 12.15 – 2.15pm From \$3.50*</p>	<p><b>Digital Drop In</b> <b>1-2pm</b> FREE</p> <p><b>Tai Chi</b> 11.15am – 12pm From \$3.00*</p> <p><b>Tap Dancing</b> 12.15am – 1pm From \$4.00</p>	<p><b>English conversational Classes</b> 10am gold coin donation</p> <p><b>Beginners Art</b> 10am – 12pm From \$5.50*</p>	<p><b>Haircuts by Tasma</b> 11.30 – 3.30pm Low cost cuts and styling</p> <p><b>Beginners Ballroom Dancing</b> 10am – 12pm From \$2.00*</p>	<p><b>Gawler Charity Dance</b> Every Third Sat in the Month</p>	
<p><b>Moving Well</b> 10 week program 11am – 12pm From \$6.00* (first class free)</p>	<p><b>Art Tuition</b> 1.15-3.15pm From \$5.50*</p> <p><b>Digital Connect</b> with Craigmore High School Students 3.15-4.15pm</p>	<p><b>UniSA Mobile Health Unit</b> Free Health Checks Fourth Wednesday of the month</p>	<p><b>Grupo Inspiraciones</b> Spanish-Speaking Group Second and fourth Thursday of the month</p>	<p><b>Garden Group</b> See reception for meeting dates</p> <p><b>Drawing Classes</b> 1.15-3.15 from \$5.50</p>	<p><b>Other Services</b></p> <p>Having trouble with your memory? We can link you to a Memory Support Worker come and visit Syd's corner—Dementia Hub</p> <p>Daily Snooker/Pool Billiards from *\$3.00 per session.</p> <p>Free Internet access for seniors (new internet kiosk with online computer tuition available).</p> <p>Grenville café and dining providing delicious, low cost snacks and meals.</p> <p>Events and Forums take place throughout the year—ask our friendly receptionist for more information.</p> <p>Are you required to access My Aged Care? - book into one of our information sessions now</p>	
<p><b>Silver Beat Rock Choir Rehearsals</b> 12.30 – 2.30pm From \$5.50*</p> <p><b>Massage by Gail</b> 12 – 4pm From \$30 per 30mins Bookings essential</p>	<p><b>Line Dancing</b> Beginner's class 2.30 – 4pm From: \$3.00*</p> <p><b>Game On</b>—Social Game Group FREE—1-2pm</p>	<p><b>Grenville Players</b> Rehearsals 1-5pm</p> <p><b>Craft Club</b> (BYO items) 1 – 3pm From \$2.00*</p>	<p><b>Craft Club</b> (BYO items) 1 – 3pm From \$2.00*</p>	<p><b>Carpet Bowls</b> 1pm From \$2.50*</p> <p><b>Games on</b> 1.15pm-3.15pm \$2.50</p>		
<p><b>Mindfulness</b> 2-4pm \$5</p> <p><b>Table Tennis</b> 3 – 5pm From \$3.00*</p> <p><b>Line Dancing</b> Intermediate 8 – 10pm - \$3.50</p>	<p><b>Bollywood Fitness Class</b> 4.30-5.15pm \$4.00</p> <p><b>Weight Watchers</b> 4 – 6.45pm \$30 membership + \$1 per visit</p>	<p><b>Time for Talking</b> – Chat group 1-3pm</p> <p><b>Art Classes</b> 1 – 3pm From: \$5.50</p> <p><b>Boxfit</b>—6-7pm \$8.00</p>	<p><b>In Stitches—Sewing</b> <b>1.30pm \$2</b> 1st &amp; 3rd week</p> <p><b>Zumba</b> cost \$4.00 4.30pm</p>	<p><b>Brain Games 1.30-2.30</b> <b>\$2.50</b></p> <p><b>Table Tennis</b> 3 – 5pm From \$3.00*</p> <p><b>Northern Computing Club</b> 6.30 – 9.30pm From \$25 per three months + \$1 per visit</p>		
<p>Meets here Mondays 6.30-7.30pm </p>	<p><b>Shenanigans Folk Music Night</b> 7.30pm Cost \$4.00 First Tuesday of the month</p>	<p><b>50's Rock &amp; Roll Dance</b>—\$10 Intermediate 7.30pm Beginners 8.30pm. T: Sue on 0433936629</p>	<p><b>Thursday Night Dance</b> 7.30pm \$7.00 BYO Plate See reception for dates</p>	<p><b>Scrapbook and craft classes</b> Second Friday of the month 6 – 9pm Cost \$15 including tea/coffee</p>	<p><b>Become a Member and SAVE!</b></p> <p><b>Grenville Hub Weekly Program—</b> <b>Updated September 2018</b></p> <p><b>Please note Activities maybe subject to change during hot weather-</b></p> <p><b>Telephone 8256 0377 for more Information</b></p>	