

# **INFORMATION ABOUT FLU VACCINES**



The flu is highly contagious and can be easily spread from person-to-person. While many people think the flu is just a 'bad cold', it is actually a serious illness and can lead to complications such as pneumonia and hospitalisation.

Having a flu vaccination is the best way to, not only help protect you from getting the virus, but also helps protect your colleagues, friends and family.

As part of the National Annual Influenza Program, the flu vaccination is available for free for people who are at greater risk of developing complications if they get the flu, including:

- Everyone aged 65 years and over
- All pregnant women (including those in the first trimester)
- All Aboriginal and Torres Strait Islander children aged six months up to five years of age
- All Aboriginal and Torres Strait Islander people 15 years of age and over
- People six months of age or older with underlying chronic medical conditions

**Free flu vaccinations are now available from the City of Playford Public Immunisation clinics for children under five years of age and residents at risk of developing complications from the flu**

## **CONTACT**

Immunisation Team  
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## **CALL**

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