

Transport

0-6 kms	Per trip	\$4.50
7-12 kms	Per trip	\$7.00
13-20 kms	Per trip	\$10.00
21-35 kms	Per trip	\$16.00
36-50 kms	Per trip	\$21.00

Social Support Groups

Group Program	\$3.50 per hour	\$14
Group Program + Outing	\$5.00 per hour	\$20

Social Support Individual

In Person	\$4.50 per hour
Phone or Web based	\$8.50 per hour

Meals

Main Meal Dine In /Fresh Take Away	\$7.50 per meal
Main Meal Take Away (Frozen)	\$6.50 per meal
Soup / Dessert	\$3.50 per meal
Meal Delivery	\$2 per delivery



Eligibility

To access Positive Ageing services, you are encouraged to contact My Aged Care on 1800 200 422 to obtain a referral for the relevant supports.

My Aged Care referrals and associated services are available to:

- People aged 65 and over, and
- Aboriginal and Torres Strait Islander people aged 50 and over.

When receiving services through Playford, you will take part in a personalised care plan and yearly reviews to ensure your supports remain appropriate.

For more information, please contact us using the details below.

6 Playford Boulevard, Elizabeth

Phone **08 8256 0355**

Website **www.playford.sa.gov.au**

LIVING
LIFE TO
THE
FULLEST



Positive Ageing

CHSP Supports

Positive Ageing

City of Playford Positive Ageing services provide the following services with funding support from the Commonwealth Home Support Program (CHSP). These services are designed to encourage people to live independently and stay connected to their local community

Individual Social Support

Volunteers are available to attend one on one engagements including:

- Grocery shopping
- Medical appointments
- Social visiting
- Telephone calls
- Technology support



Meals

Frozen nutritious meals are available for delivery on a weekly or fortnightly basis. A range of main meals, smaller meal options, and desserts are offered, with the ability to cater to various dietary requirements.

Transport

The City of Playford provides a door-to-door transport service for eligible residents within the City of Playford.

Transport can assist with:

- Shopping, banking, or medical appointments
- Travel to and from City of Playford social support groups
- Positive Ageing outings

Unlike a taxi service, we ask that all transport bookings are made at least three days in advance.



Social Support Groups and Outings

The City of Playford offers a range of social support programs and services delivered at various community locations, including:

Grenville Hub

6 Playford Boulevard, Elizabeth

One Tree Hill Institute

One Tree Hill Road, One Tree Hill

Virginia Institute

Old Port Wakefield Road, Virginia

For those who enjoy being adventurous, the City of Playford also offers regular day trips throughout the year. These outings provide the opportunity to explore some of South Australia's best destinations while connecting with like-minded people

