

The centre is open 9am-5pm every weekday. You are welcome to pop in anytime!

\*Unless otherwise stated, programs will only operate in school terms

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Zero Club</b> 9am-11am</p> <p>A weight control, support &amp; social group. New members welcome!</p> 	<p><b>NEW B-I-N-G-O*</b> 9.30am-11am</p> <p>Free, fun and social BINGO. All welcome to join us for some fun. All cards supplied.</p> 	<p><b>NEW Bogglebox*</b> 10am-11am</p> <p><u>Starts March 20th</u></p> <p>Catch up on all your fave TV shows &amp; chat with other die hard viewers about what happened last night and predictions! Morning tea provided.</p> 	<p><b>Joeys Story Time Playgroup*</b> 9.30am-10.30am</p> <p>Story time, songs and fun for babies and toddlers. Plus special guests! Bring a piece of fruit to share.</p> <p>ALL WELCOME</p> 	<p><b>Women's Legal Service</b> 9.30am-4pm</p> <p><u>1st, 15th &amp; 29th March</u></p> <p>A fortnightly free &amp; confidential service</p> 
<p><b>Walk &amp; Talk*</b> 10am-11am</p> <p>All ages &amp; fitness levels are welcome. Explore your neighbourhood! Supported by the Heart Foundation.</p> 	<p><b>Blokes in the Kitchen</b> 11.30am-1pm</p> <p>Cook up a storm &amp; eat your rewards! Learn new recipes and meet new people too.</p> <p>ALL WELCOME</p> 	<p><b>Financial Counselling</b> 10am-12pm</p> <p>A free service with no appointment required. Come and see Alana from Anglicare SA for budgeting advice &amp; more</p> 	<p><b>Table Top Gaming</b> 12pm-5pm</p> <p>Want to learn a new game? Or continue with your D&amp;D battles? All welcome to come &amp; play a range of games.</p> 	<p><b>Deadly Fridays</b> 12pm-2pm</p> <p>An Aboriginal focused activity group. Featuring cooking &amp; healthy eating, arts &amp; crafts, and more!</p> 
<p><b>Knit &amp; Chat</b> 10.30am-12.30pm</p> <p>Come &amp; join our knitting circle—bring your own creations or you can 'Knit a Care Square' for blankets for the homeless. All wool provided for you.</p> 	<p><b>Parents Next</b> 9am-3pm</p> <p>A representative from KWAY Parents Next program will be on site every Tuesday for appointments and offer support.</p> 	<p><b>Creative Colouring Corner*</b> 12pm-2pm</p> <p>An adult social group for stress busting! Come join us and colour your world!</p> 	<p><b>Our Centre is open throughout the day Monday—Friday from 9am-5pm.</b></p> <p>Please feel free to drop in!</p>	<p><b>Playford Mobile Library</b> 3pm-4pm</p> <p><u>1st, 15th &amp; 29th March</u></p> <p>The City of Playford Mobile Library visits the shopping centre carpark fortnightly.</p> 
<p><b>English Chat*</b> 1pm-2pm</p> <p>An informal social session using conversation and games to help gain confidence with the English language.</p> 	<p><b>Kids Clubhouse*</b> 3.30pm-4.45pm</p> <p>Drop in for after school. Come on in for some chill out time after school with cooking, games and craft! Limited spaces available.</p> 	<p><b>Spotlight On Services March</b> 12pm-1pm</p> <p><u>27th March</u></p> <p>~ MOC Children's Centre ~ ~ Anglicare SA Financial Literacy Training ~</p> <p>Learn all about local services. Open to community members and other service providers. ALL WELCOME</p>	<p><b>VOLUNTEER Needed!</b></p> <p>Calling all 'crafty' people who love to share their passion and help others to unlock their creative side! We are seeking an enthusiastic 'craft ideas' person who will support a small group of community members to undertake a range of simple projects which may include anything from jewellery making, painting, mosaic etc. You will help the coordinators plan the program and let them know in advance what materials are needed. Call the centre on 8256 0448 if this sounds like you!</p>	
<p><b>NEW AFSS Healthy Homes &amp; Resilient Families*</b> 12pm-3pm</p> <p>Learn about budgeting, nutrition, food safety with practical skills and a hands on approach. Aboriginal &amp; Torres Strait Islander focused. Call AFSS to book 82541077</p>	<p><b>Our Centre is open throughout the day Monday—Friday from 9am-5pm.</b></p> <p>Please feel free to drop in!</p>	<p><b>Kids in the Kitchen*</b> 3.30pm-4.45pm</p> <p><u>6th March—3rd April</u></p> <p>A 5 week program where you can have fun cooking and getting creative with yummy &amp; healthy food.</p> <p><b>BOOKED OUT</b></p>	<p><b>SCHOOL HOLIDAY FUN!</b></p> <p>Keep an eye out for our upcoming school holiday activities which will be listed on the City of Playford website and Facebook pages! These always book out fast so get in quick!</p>	

**MONDAY****Zero Club**

A weight control, support & social group with a focus on healthy eating, friendship and support. New members are welcome & membership fees apply. **For more information contact Robyn on 0415 999 515**

**Walk & Talk**

All ages & fitness levels are welcome. Registered walking group with the Heart Foundation—join us!

**Knit & Chat**

Come and join our knitting circle! Bring your own creations or you can ‘Knit a Care Square’ contributing to blankets for the homeless. All knitting needles and wool will be provided for the squares.

**English Chat**

Informal social session to gain confidence with the English language through conversations, activities and games.

**AFSS Healthy Homes & Resilient Families**

Free sessions where you will learn about budgeting, nutrition, food safety & more, with practical skills and a hands on approach. Aboriginal & Torres Strait Islander focused sessions. **Call AFSS to book 8254 1077**

**TUESDAY****B-I-N-G-O**

Join us for a fun, free, social morning of BINGO! All cards and counters supplied (non gambling games).

**Blokes in the Kitchen**

Cook up a storm and eat your rewards. All meals provided—you just need to cook them! **Contact Susan at Playford Council on 8256 0192**

**Kids Clubhouse**

Come and drop in to the centre after school for some chill out fun time, craft, cooking and more. **Max 15 kids per session.**

**Parents Next**

A representative from KWAY Parents Next program will be on site for appointments and to offer support. **Contact 8377 7822 for more info**

**WEDNESDAY****Bogglebox**

Catch up on all your fave TV shows & chat with other die hard viewers about what happened last night & predictions! Morning tea provided.

**Financial Counselling**

A free service provided by **Anglicare SA**. No appointment is necessary. Assistance with a range of needs including budget advice.

**Creative Colouring Corner**

The practice of colouring is said to generate wellness, creativity and mindfulness. A friendly welcoming session for all who want to colour their world!

**Spotlight On Services**

Monthly ‘show and tell’ sessions from organisations and services who support the Playford community. All are welcome!

**Kids in the Kitchen**

A program where you can have fun cooking and getting creative with yummy & healthy food. **Bookings essential—Nicola on 8256 0441**

**THURSDAY****Joeys Story Time Playgroup**

Story time, songs and fun for little ones and their parent and carers. Special guests throughout the term! Bring a piece of fruit to share.

**Table Top Gaming**

Want to learn a new game? Or continue with your current D&D battles? Table Top Gaming is here! All welcome to come and play a range of games available. Fun for all ages! **Contact Seamus for more info on 0451 658 793.**

**FRIDAY****Women’s Legal Service**

Free and confidential legal advice, assistance, referrals and representation. **For an appointment please contact 8221 5553.**

**Deadly Fridays**

An Aboriginal focused activity group. Featuring cooking & healthy eating, arts & crafts, fun & more!

**Contact Naomi from Playford council on 8256 0145**

**Mobile Library**

The City of Playford mobile library visits the centre carpark every fortnight, with a selection of materials including books, DVDs, CDs & more.

**Elizabeth Rise Community Centre is an initiative of The City of Playford. Programs are also provided by other services and organisations. For information please contact the Coordinators on 8256 0448 or email [elizabethrisecommunitycentre@playford.sa.gov.au](mailto:elizabethrisecommunitycentre@playford.sa.gov.au)**

**We are located at Shop 7, 26 Hamblynn Road, Elizabeth Downs. Bus routes 440 or 228—Stop 74**