

The centre is open 9am-5pm every weekday. You are welcome to pop in anytime!  
 \*Unless otherwise stated, the programs marked will only operate in school terms

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Zero Club</b> 9am-11am</p> <p>A weight control, support &amp; social group.</p> <p>New members welcome! *Membership fees apply*</p> 	<p><b>Cooking with Friends</b> 11.30am-1pm</p> <p>Cook up a storm &amp; eat your rewards! Learn new recipes and meet new people too.</p> <p>ALL WELCOME</p> 	<p><b>Women's Craft, Coffee &amp; Chat*</b> 10am-12pm</p> <p><u>Runs 31st July to 18th Sept</u></p> <p>An 8 week social craft group program with a new fun project on offer each term. All materials are provided.</p>	<p><b>Joey's Story Time Playgroup*</b> 9.30am-10.30am</p> <p>Story time, songs and fun for babies and toddlers. Plus special guests! Please bring a piece of fruit to share.</p> <p>ALL WELCOME</p> 	<p><b>Sing &amp; Grow*</b> 9.30am-10.30am</p> <p>Starts 2nd August</p> <p>A music &amp; literacy program for families with children aged 0-5 years.</p> <p><b>BOOKED OUT</b></p> 
<p><b>Knit &amp; Chat</b> 10.30am-12.30pm</p> <p>Come &amp; join our knitting circle—bring your own creations or you can 'Knit a Care Square' for blankets for the homeless.</p> <p>All wool provided for you.</p> 	<p><b>Kids Clubhouse*</b> 3.30pm-4.45pm</p> <p>Drop in for after school. Come on in for some chill out time after school with cooking, games and craft!</p> <p>No bookings required—only during school terms.</p> 	<p><b>Financial Counselling*</b> 10am-12pm</p> <p>A free service with no appointment required. Come and see Alana from Anglicare SA for budgeting advice &amp; more.</p> 	<p><b>Walk &amp; Talk*</b> 9.30am-10.30am</p> <p>All ages &amp; fitness levels are welcome. Explore your neighbourhood! Supported by the Heart Foundation.</p> <p>ALL WELCOME</p> 	<p><b>Women's Legal Service</b> 9.30am-4pm</p> <p><u>2nd, 16th, 30th August</u></p> <p>A fortnightly free &amp; confidential service. By appointment only Phone 8221 5553</p> 
<p><b>Northern Flexible Learning*</b> 11.00am-2.00pm</p> <p>Small group, flexible school learning program with Youth Plus Institute. Contact Helen on 0407845091 for more information.</p> 	<p><b>Parents Next</b> 9am-3pm</p> <p>A representative from KWT Parents Next program will be on site every Tuesday for appointments and offer support.</p> 	<p><b>Creative Colouring Corner*</b> 12pm-2pm</p> <p>An adult social group for stress busting! Come join us, relax &amp; colour your world!</p> <p>ALL WELCOME</p> 	<p><b>Table Top Gaming*</b> 12pm-5pm</p> <p>Want to learn a new game? Or continue with your current D&amp;D battles? All welcome to come &amp; play a range of games.</p> 	<p><b>Deadly Fridays*</b> 12pm-2pm</p> <p>An Aboriginal focused activity group for adults. Featuring cooking &amp; healthy eating, arts &amp; crafts, and more!</p> 
<p><b>English Chat*</b> 1pm-2pm</p> <p>An informal social session using conversation and games to help gain confidence with the English language.</p> 	<p><b>JOIN US!</b></p> <p>14-31 AUG SALA PLAYFORD</p> <p>PLAYFORD PEACE POLES INSTALLATION BY ELIZABETH DOWNS COMMUNITY</p> <p>PLAYFORD.SA.GOV.AU/EVENTS</p> 		<p><b>Time In*</b> 1pm-2.30pm</p> <p><u>Starts 22nd August</u></p> <p>A new group for mums, dads &amp; carers of young children aged 0-2 years. Take some 'me time' &amp; meet other families. Email time_in@outlook.com</p> 	<p><b>Playford Mobile Library</b> 3pm-4pm</p> <p><u>9th &amp; 23rd August</u></p> <p>The City of Playford Mobile Library visits the shopping centre carpark fortnightly.</p> 

**SALA**  
South Australian Living Arts Festival

Join us on **Wednesday August 14th** for our official launch of our SALA Festival art work right here at Elizabeth Rise and proudly created by the local Elizabeth Downs Community. With the installation of our amazing community art "Playford Peace Poles" coming together in an official launch. Join us from 12 noon for all the festivities & thank you to those that participated in their creation.

**MONDAY****Zero Club**

A weight control, support & social group with a focus on healthy eating, friendship and support. New members are welcome & membership fees apply. **For more information contact Robyn on 0415 999 515**

**Knit & Chat**

Come and join our knitting circle! Bring your own creations or you can 'Knit a Care Square' contributing to blankets for the homeless. All knitting needles and wool will be provided for the squares.

**Northern Flexible Learning**

Small group, flexible school learning program with Youth Plus Institute. **Contact Helen on 0407 845 091 for more information.**

**English Chat**

Informal social session to gain confidence with the English language through conversations, activities and games.

**TUESDAY****Cooking with Friends**

Cook up a storm and eat your rewards. All meals provided—you just need to cook them! No bookings required.

**Kids Clubhouse**

Come and drop in to the centre after school for some chill out fun time, craft, cooking and more. Only during school terms.

**Parents Next**

A representative from KWY Parents Next program will be on site for appointments and to offer support. **Contact 8377 7822 for more info**

**WEDNESDAY****Women's Craft Coffee & Chat**

All welcome! New fun projects with all materials supplied—register your interest by calling the centre on **8256 0448 for more info**

**Financial Counselling**

A free service provided by **Anglicare SA**. No appointment is necessary. Assistance with a range of needs including budget advice.

**Creative Colouring Corner**

The practice of colouring is said to generate wellness, creativity and mindfulness. A friendly welcoming session for adults, who want to colour their world!

**THURSDAY****Joeys Story Time Playgroup**

Story time, songs and fun for little ones and their parent and carers. Special guests throughout the term! Bring a piece of fruit to share.

**Table Top Gaming**

Want to learn a new game? Or continue with your current D&D battles? Table Top Gaming is here! All welcome to come and play a range of games available. Fun for all ages! **Contact Seamus for more info on 0451 658 793.**

**Walk & Talk**

All ages & fitness levels are welcome. Registered walking group with the Heart Foundation—join us!

**Time In**

A group for mums, dads and carers of children aged 0-2 years. Take some 'me time' & meet other families in the area. **Contact**

**FRIDAY****Sing & Grow**

A music therapy program designed for children aged 0-5 years. Interactive and fun with music, singing and more! Limited number of families.

**Women's Legal Service**

Free and confidential legal advice, assistance, referrals and representation. **For an appointment please contact 8221 5553.**

**Deadly Fridays**

An Aboriginal focused activity group for adults. Featuring cooking & healthy eating, arts & crafts, fun & more!

**Contact Naomi from City of Playford on 8256 0145**

**Mobile Library**

The City of Playford mobile library visits the centre carpark every fortnight, with a selection of materials including books, DVDs, CDs & more.

**Elizabeth Rise Community Centre is an initiative of The City of Playford. Programs are also provided by other services and organisations. For information please contact the Coordinators on 8256 0448 or email [elizabethrisecommunitycentre@playford.sa.gov.au](mailto:elizabethrisecommunitycentre@playford.sa.gov.au)**

**We are located at Shop 7, 26 Hamblynn Road, Elizabeth Downs. Bus routes 440 or 228—Stop 74**